



Breast Pump Bag

CHECKLIST

for a healthy return to work



I make
milk.

What's Your
Superpower?

Pump and Parts

- Pump
- Electrical Cord
- Tubes (2)
- Valves (2)
- Breast shields (2)

Accessories

- Bra & Pads
- Bottles (4)
- Lids (4)
- Cooler
- Ice Pack

Staying Healthy

- Nipple Cream
- Wet wipes
- Snacks
- Water Bottle
- Reading Material